

FACTORS OF NATIONAL VALUES IN INCREASING YOUTH SPIRITUALITY AND SOCIAL ACTIVITY

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Annotation

Despite the peace and stability in our country today, the preservation, protection and strengthening of independence will remain a priority. On the one hand, this gives us the right to independence, first of all, the right to own our own destiny, to build our future with our own hands, to use the wealth of our country only for the benefit of our people and homeland. and secondly, the right to live in the years of independence on the basis of these sacred values and national traditions. To preserve it, we need to preserve our independence.

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INTRODUCTION

Today, young people are learning their national history. The revival of the mother tongue, culture, customs and traditions is also an important achievement, as it creates the conditions for them to understand themselves. "Today, young people are not just learning their national and spiritual values. They are enjoying the achievements of the peoples of the world. They have the opportunity to study abroad, acquire knowledge, acquire scientific and technical achievements, advanced technologies and introduce them into the social life of our society. ¹"

MATERIALS AND METHODS

It is well known that before independence, the natural desire to understand national identity was ignorantly denied. Holy national holidays such as Navruz, Ramadan, and Eid al-Adha were banned. The names of our ancestors, such as Amir Temur, Imam Bukhari, Imam Termezi, Ahmad Fergani, Bahauddin Naqshband, Hoja Ahmad Yassavi, Najmiddin Kubro, Abdullah Qadiri, Abdurauf Fitrat, Abdulhamid Cholpon, Mahmudhoja Behbudi, the memory of our people from the memory of our people. an attempt was made to remove it. Today, thanks to independence, their names, our national and spiritual values have been restored, and we have a deeper understanding of ourselves.

¹ Shavkat Mirziyoyev "The work of a nation with great intentions will be great, life will be bright and the future will be prosperous" 2019 Uzbekistan

In the analysis of this article, the methods of logical, historical, coherent and objective scientific knowledge were widely used. An analysis of the state of social activity in young people and forms of implementation was conducted. N.Tursunova's textbook "Social activity of youth: concepts and qualities" was identified as a methodological resource.

RESULTS AND DISCUSSION

It is known that in 2020, the number of young people under 18 in our country was 18 million 720 thousand or about 40% of the total population, and those under 30 were 14 million 80 thousand or 64% 2.

It goes without saying that the issue of drawing attention to the unresolved problems of our young people, who make up the majority of our population, and making them a truly decisive force in our lives, is in the center of our public attention.

As the First President Islam Karimov said, "We have a very important new task ahead of us, which will determine our future. This task is to shape the spirituality of a free civil society, in other words, a free, self-reliant, self-reliant, self-reliant, self-interested people. "It is about educating the perfect people who see in the interests of the motherland."²

It is well-known that upbringing is a process aimed at shaping one's spirituality, beliefs, self-awareness and attitude towards others. Therefore, it is necessary to coordinate the educational process in order to ensure the balance of this process. Through education, young people not only learn a profession in order to find their place in the world, but also prepare themselves for the future.

The spirituality and culture of a nation, its true history and uniqueness, its restoration, is crucial, if not a decisive, factor in the successful advancement of our society on the path of renewal and development. As the first President IA Karimov noted, "As we aim to build a democratic state based on the rule of law, one of the main and priority tasks is to raise the spirituality of our people, which embodies the most delicate feelings, deep philosophical, political and legal concepts. has become one. "

Society cannot achieve its future without developing and strengthening spiritual values in the minds of young people. "Training a new generation of personnel capable of solving complex and large-scale tasks to modernize our country and build a modern society will continue to be the most important direction of our work," said the First President. I.A.Karimov. Independence is an important condition for fulfilling this task. Only when a people or a nation has the right to determine its own destiny can it freely determine its own path of independent development and educate young people on the basis of their national values.

But true freedom cannot be achieved without liberating all aspects of society. The idea of freedom and the spiritual heritage of the people have served as a powerful source of prosperity for the peoples of the East for thousands of years.

In the East, when assessing the level of individual freedoms and rights, behavior, behavior, role in society, awareness of responsibilities, the interests and rights of a particular group, ethnic group, people, nation, society are approached on the basis of special values and traditions.

I. Ergashev In the worldview of young people, reliance on national and spiritual values has certain goals and objectives. They are:

- If young people do not base their worldview on national-spiritual values, there will be values that are completely alien to their consciousness and thinking. An indifference to one's own national and spiritual values is formed.
- A study of the current state of young people's attitudes towards national and spiritual values will help to determine which values are more important in their practical activities. The main goal is to strengthen their faith and belief in national and cultural heritage and values.

² Karimov I.A. we build our future with our own hands.7- vol. -T .: "Uzbekistan", 1999. p.304.

• Strengthening the confidence and faith of young people in national and spiritual values is based on the requirements of the unique and appropriate path of development chosen by Uzbekistan and sets specific tasks for young people.⁷

I. Ergashev connects the problems of attitude to national values in the spiritual life of society to the following factors:

1. Recognizing that independence is a great blessing and value, young people should be deeply aware of their responsibility to society as a free person and a free citizen, and should be active in the pursuit of a common goal.

2. Liberalization of society and spirituality are inextricably linked with democracy and reliance on national and spiritual values in the worldview of young people. Expressing one's views openly and freely about the values that affect the country, the people, and the nation today and in the future will prevent some negative situations. Most importantly, it is important to express an opinion freely. The political and legal culture of the society is enhanced by respecting the opinion of young people, relying on the opinion of others, restoring national and spiritual values.

3. In a democratic society, the need to restore national and spiritual values increases, diversity of opinion, a culture of debate is formed. It's just a matter of letting go of one's own opinion and stifling the opinion of others.

4. As a result of the revival of national and spiritual values, young people will appreciate their freedom and independence, respect it and feel the need for it more. Some vices, such as indifference and indifference to cultural heritage, will be eliminated.

5. Today, there is an opportunity to eliminate the negative flaws in the activities of some people in leadership positions that do not correspond to our values.

6. In an independent country, every young person, regardless of the age at which he works, must first and foremost understand himself as a free and independent person. Self-awareness is achieved through the deep study and development of spiritual values³.

Our people are becoming more and more aware of the crucial role of independence in their lives and destiny. We can say that every young person living in Uzbekistan today is deprived of the blessings of independence. Thanks to independence, the youth of Uzbekistan have the right to decide their own destiny. Today, Uzbekistan does not depend on anyone, but determines its own path of development and pursues an independent domestic and foreign policy. In the eyes of young people, economic life is changing. The diversification of property has allowed every age to engage in economic activity of their choice. Instead of a one-sided, planned economy, free labor based on a market economy is emerging. Opportunities are being created for entrepreneurship, farming, small and medium business. Today, Uzbekistan voluntarily manages its own wealth, created by the labor of the people. There is no doubt that the lifestyle of everyone who is inquisitive, enterprising and innovative today is changing. In this regard, it is noteworthy that the President declared 2021 in our country as the Year of Youth Support and Public Health.

CONCLUSION

In this regard, the use of national values, religious values that serve progressive development in solving problems related to youth, combining them with modern democratic values, the issue of educating the younger generation to maturity and harmonious development is of great importance in our country. . At the same time, attention is being paid to the development of a mechanism for the protection of young people. Because in today's globalization, it is especially important to carry out the process of spiritual and legal renewal, based on national values, on the one hand, and modern values, on the other.

³ Ergashev I. Social activity of youth. –T .: “Academy”, 2020. Pages 15-16.

The Uzbek people have exemplary customs, traditions, rituals and ceremonies that can have a great impact on the upbringing of young people, the inculcation of which in the minds of children and everyday life in the family today is under the influence of spiritual threats of youth. is one of our most important tasks in preventing

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