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INCREASE IN THE NUMBER OF CASES OF VIOLENCE AGAINST WOMEN AND ITS PSYCHOLOGY

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This article analyzes literary and Internet materials about the
views of society on who and how should dominate in the family, as well as the increase in cases of violence against women.

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Violence against women and girls is one of the biggest problems of our time and we must continue to look for solutions." at home with their abusers and denied timely access to help.

In such conditions, the need for institutions to assist victims of violence increases. In order to improve the system of social rehabilitation in Uzbekistan, by the Decree of the President of July 2, 2018, the Republican Center for the Rehabilitation and Adaptation of Victims of Violence was established. There are currently 197 such centers in Uzbekistan. In January-September 2020, these centers received 14,849 requests. Psychological assistance was provided in 5796 cases, legal assistance in 3680 cases, medical assistance in 503 cases, other types of assistance in 1553 cases.

One of the most common types of domestic violence is husband-to-wife violence. The views of society on who and how should dominate in the family will undoubtedly contribute to an increase in cases of violence against women. In society, it has long been believed that wives should be subordinate to their husbands and have very limited rights: in past centuries, husbands could exercise almost unlimited control over the actions of their wives. Violence against women is currently one of the main social mechanisms forcing women to take a subordinate position in relation to men. Violence against women reflects the structure of subordination and power, the depth of gender differences. Most of the aggression we see around us is an emotional response to an unsatisfactory situation. People who feel unhappy for any reason may experience increased irritability and a tendency to aggression. Berkovets points out that many (but certainly not all) cases of abuse by a husband of his wife and children and / or attacks by the wife are negative feelings towards the husband or wife, and may begin with an emotional outburst caused by them. The object of aggression at the present time is its manifestation Berkovets L. Decree. op. - P. 294. However, the negative impulse leading to violence often occurs late. Exceptions

are observed only in cases where the person has serious aggressive intentions and his internal restrictions on the use of force are weak. Interestingly, the level of association between a woman's subordination and violence varies depending on the nature of her dependence on a man and the severity of the violence. The higher the wife's psychological dependence on her husband, the more likely it is that she will become the object of "moderate" violence (shock or mild shock). Economic dependency, by contrast, is associated with more severe forms of violence.

Maya Lofström, UNDP Program Assistant in Uzbekistan, spoke about how the process of working with victims of violence in Sweden is organized, from the victim's hotline to its complete safety. During the presentation, participants learned about the FREDA method, which is used to determine the level of risk for a victim. According to him, a survey will be conducted with the victims of violence, and based on his answers, the type of assistance that the victim of violence needs will be determined. In Uzbek families, personal life and family secrets are sacred, and our people are very conservative in this sense. In short, domestic violence in most cases does not go beyond the family.

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