

DEVELOPMENT OF THE SPORT OF GYMNASTICS IN UZBEKISTAN IN THE YEARS OF INDEPENDENCE

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Annotation

In the sports history of Uzbekistan, the field of gymnastics has gained its place. In this article highlights development of the sport of gymnastics in Uzbekistan in the years of independence.

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Sports gymnastics in Uzbekistan began to become popular since the end of the 19th century. In 1911, the first gymnastics school in the country was opened in Tashkent. In 1915, the first training courses for women's gymnastics were opened in Tashkent. Polina Vladimirovna Garfung, who graduated from these courses, made a great contribution to the establishment of gymnastics in Uzbekistan. In 1918, the "Children's Sports Club" was opened, where games and gymnastics were held. Since 1919, various competitions called "Olympic Games" have been held among students. In 1929, for the first time in Tashkent, team competitions in sports gymnastics were held among physical culture clubs¹.

Gymnasts such as Galina Yakovlevna Shamray (Rudenko), Elvira Fuadovna Saadi, Oksana Aleksandrovna Chusovitina, Rozaliya Ilfatovna Galieva, Ekaterina Khilko from Uzbekistan took a worthy place in the list of world athletes.

In the years of independence, a door of new opportunities was opened for the development of the sport of gymnastics in Uzbekistan. The activity of the Sports Gymnastics Federation in Uzbekistan coincided with the years of independence (1993), the organization became a member of the International Gymnastics Federation (FIG). In 1994, the Gymnastics Federation of our republic was accepted as a member of the Asian Gymnastics Association².

Thanks to the initiative and service of the gymnastics federation in Uzbekistan, the number of achievements in the field increased year by year. On May 2-6, 1996, the II Spartakiada on rhythmic gymnastics was held in Tashkent. A total of 8 teams from the regions took part in it³.

In March 2014, Dilmira Ashurova, a pupil of the Kashkadarya regional sports school for children and teenagers, won a silver medal at the Yunaya Gratsiya international tournament in artistic gymnastics held in Kirov, Russia. And Farangiz Akhmedova won a gold medal in the Asian championship in artistic gymnastics as part of the national team of Uzbekistan in Malaysia. Maftuna Samadova, a student of Karshi State University, won a gold medal at the Asian karate championship in Tashkent,

¹Ўзбекистонда гимнастиканинг ривожланиш тарихи. – Т., 2002. – Б.9 – 11.

²Моргунова И.И. Гимнастика. – Т.: "Ижод-дунёси", 2017. – Б.38.

³Ўз МА, М-1- фонд, 1-рўйхат, 320-иш, 1-варак.

Dilnoza Ganieva won 2 gold medals at the Asian Cup in Malaysia. Luiza Ganieva from Karshi took third place in the national team at the international rhythmic gymnastics tournament held in Israel. In the pri tournament, he won gold and silver medals⁴.

Zamira Sanakulova successfully participated in international rhythmic gymnastics competitions held in China in 2010 and Kazakhstan in 2011. He became the owner of the gold medal at the international competition held in Ufa, Russia⁵.

On April 4, 2018, a meeting of the Uzbekistan Gymnastics Federation was held at the National Olympic Committee, and the issue of electing a new president of the federation was discussed at the meeting. Abdullaeva Zarrina Azamovna, a specialist who worked as a director of the limited liability company "Youth Union Sports Center", a sports teacher who served in the Republic of Uzbekistan, was invited to this position. "It is well known to all of us that gymnastics has developed and popularized in our country to a certain extent. But, despite this, there are enough problems at the same time. There is a gap in several directions. In particular, the results in sports gymnastics, trampoline and acrobatics are not satisfactory. We need to establish a new system together. Qualified "We need to attract specialists and exchange experience with them. Working together, we will further develop gymnastics in our country in the future, and raise the position of Uzbekistan in the world sports community," said the new president of the federation⁶.

So, rhythmic gymnastics has attracted the attention of many people as one of the main directions of sports. In particular, Uzbekistan also has its own history of the arrival and spread of this sport.

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